The Sevens All Blacks outscored France seven tries to two to record an emphatic 47-12 victory in the Cup final and defend the Cell C Nelson Mandela Bay South Africa Sevens in Port Elizabeth.

Audio interview with Gordon Tietjens, New Zealand 7s team Head Coach.

The tournament's top try scorer Kurt Baker bagged a hat-trick in the final as Gordon Tietjens's men rose to the occasion in stunning fashion to win their first Cup title of the season, in doing so extending their lead at the top of the HSBC Sevens World Series to 14 points from second-placed France.

The defending champions came from behind to beat hosts South Africa 12-5 in the semi finals and book their place in the third Cup final of the season. France needed almost all of sudden death extra time to see off the Pumas, Terry Bouhraoua stepping up to seal victory with a long range penalty drop goal and end a match which sapped their energy levels ahead of the final.

Despite going down to the Kiwis, South Africa ended their campaign on a high by beating Argentina 35-0 to finish third, new star Cheslin Kolbe scoring an impressive hat-trick.

As a result of their Cup victory, New Zealand lie top with 60 points ahead of France (46), Gold Coast champions Fiji (44), South Africa (41) and Dubai champions, Samoa (39).

Two successive Plates for Wales

Wales ended their South Africa campaign by defeating Fiji 26-14 in impressive fashion and match their Dubai achievements in claiming the second-tier Plate. James Davies, brother of test centrer Jonathan, scored twice for Paul John's side in the final.

Wales reached that by beating the USA 26-19, while Gold Coast Sevens champions Fiji had beaten Portugal 26-12 with Joji Raqamate their star player.

Australia beat Dubai champions Samoa to Bowl

Michael O'Connor's young Australian side beat Dubai champions Samoa 26-14 in the Bowl final with tries from captain Con Foley, Greg Jeloudev, Junior Laloifi and Peter Lee.

In the semi finals a dramatic last-minute penalty drop goal for the islanders secured a 15-12 victory against England, while Will Miller scored at the death in Australia's 24-21 over Kenya.

Spain lift the Shield

Having lost out to England in the Dubai Shield final, Spain won their second trophy of the season by beating Zimbabwe 33-0, spurred on by two tries from Pedro Martin.

Earlier the Zimbabweans, in Port Elizabeth as the African regional qualifier, beat Scotland 21-14. Spain earned an emphatic 29-12 win over injury-hit Canada.