

Women's Eagle Tryouts at OETC Camps

Written by RUGBYMag Staff
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From USA Rugby - USA Rugby has launched a new initiative to help identify the 2013 Women's Eagles in both 15s and 7s. Tryouts will be held at the Olympic Eagle Training Centers (OETC) in February to assist both squads in building rosters for the 2014 World Cup and 2016 Olympics, respectively.



New in 2013, the OETC camps have been established as an entry point for athletes looking to join the 15s and 7s national teams. An application process will be used to determine which rugby players and crossover athletes receive invitations to a regional tryout.

In order to apply, athletes need to complete the [online application](#), which includes physical assessment data, an athletic performance history, and coach's recommendation (if applicable). After all application data has been reviewed invitations will be extended to the distinguished athletes.

Once at the OETC, the invited athletes will train alongside current Eagle pool players in various activities and assessments. Further OETC camp invitations to camps in March and April will be made on a performance basis during the initial tryout weekend leading to potential selection to the Top 60 Elite Performance Series for the 15s team in May. Outstanding 7s prospects could be invited to camps this spring, with the majority being invited to camps in the fall as part of the preparation for the 2016 Olympics.

Locations for OETC camps include Amherst (MA), State College (PA), Atlanta (GA), Chicago (IL), Denver (CO), Palo Alto (CA), and San Diego (CA).

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Focus points for the OETC camps will include strength and conditioning programs, skill development, as well as sessions surrounding nutritional, mental, and life skills.

For more information on how to become a Women's Eagle, go to www.Eagle365.net .